

2012 **Better U** Symposium

THE GO RED MAKEOVER THAT CAN CHANGE YOUR LIFE

Speakers & Topic Highlights

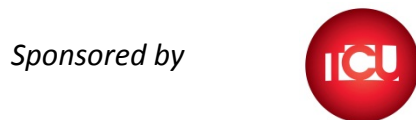
Menopausal Symptoms...Masking Heart Disease presented by Dr. Joe Banks

Understand how and why risk factors for heart disease increase during and after menopause and the best treatment to help mitigate the risk of heart disease.



Less Financial Stress leads to a Better U presented by Debbie Goffeney, Vice President at TCU

During this session you will learn how to make budgeting a game, create targeting savings plans and techniques for paying off credit card debt.



Your Eyes are the Windows to Your Heart: Literally - presented by Dr. Robert Goulet, III, M.D.

We know that so much of our non-verbal communication is with our eyes but did you know your eyes can also communicate to your doctor what is happening inside your body? Dr. Robert Goulet, III, M.D. will amaze you at how much your eyes reveal about your health. You'll never want to miss your annual eye exam again!

